
aray
Life Skills
Video Practice
Stand Out 2 Unit 3

Ask your students the following questions to introduce the topic of the video they will watch.



A **BEFORE** **Discuss the questions with a partner.**

1. When you go to the supermarket, do you make a shopping list?
2. What items do you always buy when you go to the supermarket?

Silent Viewing: Show the video in segments without sound so students can guess at the story line.

WATCH THE VIDEO WITHOUT SOUND AND TRY TO GUESS THE STORY.



Second Viewing: Show the video again so students can check predictions.

WATCH THE VIDEO WITH SOUND AND TRY TO RETELL THE STORY.



Ask your students to watch the video and complete the activity. Replay the video if needed.



B **WHILE** **Watch the video. Choose what Mrs. Sanchez needs to buy.**

- ☐ two pounds of ground beef
- ☐ a dozen eggs
- ☐ an onion
- ☐ garlic
- ☐ a green bell pepper
- ☐ ketchup
- ☐ breadcrumbs
- ☐ milk
- ☐ salt and pepper
- ☐ oregano
- ☐ basil
- ☐ ice cream

Check the correct answers with students.



B **WHILE** **Watch the video. Choose what Mrs. Sanchez needs to buy.**

- [x] two pounds of ground beef
- [x] a dozen eggs
- [ ] an onion
- [ ] garlic
- [x] a green bell pepper
- [x] ketchup
- [x] breadcrumbs
- [ ] milk
- [ ] salt and pepper
- [x] oregano
- [ ] basil
- [x] ice cream

Ask your students to watch the video and complete the activity. Replay the video if needed.



C **AFTER** **Number the events in the correct order.**

_____ Hector reminds his mother to buy ice cream.

_____ Mrs. Sanchez reads her list.

_____ Mrs. Sanchez thanks Hector.

_____ Hector agrees to help his mother with the shopping list.

_____ Hector enters the kitchen where his mother is writing a list.

Check the correct answers with students.



C **AFTER** **Number the events in the correct order.**

4 Hector reminds his mother to buy ice cream.

3 Mrs. Sanchez reads her list.

5 Mrs. Sanchez thanks Hector.

2 Hector agrees to help his mother with the shopping list.

1 Hector enters the kitchen where his mother is writing a list.

Select students. Have partners take turns performing the task. Check and correct anywhere possible.



CONSIDERING BASIC FOOD GROUPS (GRAINS, FRUITS, VEGETABLES, DAIRY, AND MEAT) DISCUSS WHETHER YOU EAT HEALTHY FOOD. DO YOU PREFER CERTAIN FOOD GROUPS OVER OTHERS?

Life Skills Video Scripts

UNIT 3 Let's Make a Shopping List

Hector: Hey, Ma. What are you doing? **Mrs. Sanchez:** Me? Oh, I'm just making a shopping list **Hector:** That's a pretty long list. Are you making something special?

Mrs. Sanchez: Your favorite. **Hector:** Meatloaf? **Mrs. Sanchez:** Absolutely! Can you help me check the shopping list? **Hector:** Sure, just read it to me and I'll check it. **Mrs. Sanchez:** OK. Two pounds of ground beef. **Hector:** We've got some chicken, but no ground beef.

Mrs. Sanchez: A dozen eggs. **Hector:** We've only got one egg. I don't suppose that's enough. **Mrs. Sanchez:** Hardly. What about onions? **Hector:** We've got an onion and some garlic too. **Mrs. Sanchez:** Good. Those are my secret ingredients. Um, look in the refrigerator again. Do we have a green bell pepper? **Hector:** We have a red bell pepper. Isn't that good enough? **Mrs. Sanchez:** Oh, no, we really need a green bell pepper. What else do we need? **Hector:** Don't we need ketchup? **Mrs. Sanchez:** Oh, that's right. One bottle of ketchup. **Hector:** And bread crumbs. This is almost empty. **Mrs. Sanchez:** Um, what about milk? Do we have any milk? **Hector:** Yeah, we have a gallon of milk. Do we need any spices?

Mrs. Sanchez: Check the spice rack. Do we have any pepper and salt? **Hector:** Yeah, we have plenty of pepper and salt. Don't we need oregano for meatloaf? **Mrs. Sanchez:** Oh, yes! And we also need some basil. What would I do without you? **Hector:** I guess you'd just make something simple. I just remembered something you forgot -the most important thing of all. **Mrs. Sanchez:** Really? I think I wrote down everything we need.

Hector: Did you write ice cream? **Mrs. Sanchez:** Oh, of course! How could I forget? Well, thanks, sweetie.